

Breakfast at



Please choose one item from Section A and Section B.
Apple or orange juice & tea or filter coffee are included.

Section A

Cereal

Weetabix / Cornflakes / Rice Krispies (1)

Greek Style Yoghurt Bowl

Granola, chia seeds, seasonal fruits,
red fruit syrup and honey (1,7)

Section B

Blas Breakfast

2 bacon, 2 sausages, mushroom, grilled tomato,
black & white pudding, baked beans,
2 eggs of your choice (1,3,6,7,12)

Mini Breakfast

1 bacon, 1 sausage, mushroom, grilled tomato,
black & white pudding, baked beans,
1 egg of your choice (1,3,6,7,12)

Vegetarian Breakfast

Toasted sourdough with crushed avocado,
Moroccan falafel, roasted baby potatoes,
mushrooms, Mediterranean roasted vegetables,
tomato chutney (1,3,6,7,12)

Add 2 eggs of your choice

Classic Blas Pancakes

Red berries, Dulce de Leche mascarpone, crispy bacon,
maple flavoured syrup, Atsina cress (1,3,6,7)

French Toast

On brioche, crispy bacon, fresh berries,
seasonal fruit compote, Dulce de Leche mascarpone,
maple flavoured syrup (1,3,6,7)

Section B

Crushed Avocado

Served on crispy baguette, soft poached eggs,
roasted cherry tomatoes, tomato and onion salsa
coriander cress, beetroot hummus, crumbled feta
finished with cracked chilli salt (1,3,7)

Blas Boxy (traditional potato pancake)

Potato pancake topped with soft poached eggs,
crispy streaky bacon, black pudding served with
a smoked bacon and onion jam,
and chipotle hollandaise (1,3,6,7,12)

Blas Eggs Benedict

Crusty baguette with soft poached eggs, bacon,
wilted spinach topped with chipotle hollandaise (1,3,7)

Three Eggs Omelette

Choose 3 Fillings: (3,6,7)
Bacon / Onion / Mushroom / Grated Cheese /
Tomato / Goat's Cheese / Spinach

Kiddie Breakfast

Kiddie Fry

1 sausage, 1 bacon, baked beans,
1 egg of your choice (1,3,6,7)

Buttermilk Pancakes

Maple syrup/Nutella and fresh berries, crispy bacon (1,3,6,7,8)

Kiddie French Toast

Fresh berries and Nutella/maple syrup, crispy bacon (1,3,6,7,8)

Breakfast Sandwich

Bacon or sausage, butter and red sauce (1,6,7)



Gluten free
available on request



Vegan
available on request

ALLERGEN INFORMATION: 1 Cereals, 2 Crustaceans, 3 Eggs, 4 Fish,
5 Peanuts, 6 Soybean, 7 Milk, 8 Nuts, 9 Celery, 10 Mustard,
11 Sesame, 12 Sulphur Dioxide, 13 Lupin, 14 Molluscs.

100% of tips
go to our team.