

Breakfast at



Please choose one item from Section A and Section B.
Apple or orange juice & tea or filter coffee are included.

Section A

Cereal

Weetabix / Cornflakes / Rice Krispies (1)

Greek Style Yoghurt Bowl

Granola, chia seeds, seasonal fruits,
red fruit syrup and honey (1,7)

Section B

Blas Breakfast

2 bacon, 2 sausages, mushroom, grilled tomato,
black & white pudding, baked beans,
2 eggs of your choice (1,3,7,12)

Mini Breakfast

1 bacon, 1 sausage, mushroom, grilled tomato,
black & white pudding, baked beans,
1 egg of your choice (1,3,7,12)

Vegetarian Breakfast

Toasted sourdough bread with crushed avocado,
vegan bulgar pattie, cherry tomatoes, mushrooms,
chargrilled vegetables, red onion relish,
tomato chutney (1,3,11,12)

Add 2 eggs of your choice

Classic Blas Pancakes

Red berries, Dulce de Leche mascarpone, crispy bacon,
maple flavoured syrup, Atsina cress (1,3,7)

Lemon Curd Pancakes €10.95

Classic pancake served with lemon curd,
fresh raspberries, fresh cream
and raspberry coulis (1,3,7)

Section B

Crushed Avocado

Served on sourdough bread, soft poached eggs,
baked cherry tomatoes, coriander cress, finished with
cracked chilli salt served with a side of bacon
and sweet chilli and tomato relish (1,3,12)

French Toast

On Viennese baguette, crispy bacon, fresh berries,
seasonal fruit compote, Dulce de Leche mascarpone,
maple flavoured syrup (1,3,7)

Eggs Benedict

Toasted sourdough bread, slow cooked ham hocks,
spinach, soft poached eggs, Hollandaise sauce (1,3,7)

Three Eggs Omelette

Choose 3 Fillings: (3,7)

Bacon / Ham / Onion / Mushroom / Grated Cheese /
Tomato / Goat Cheese / Spinach

Kiddie Breakfast

Kiddie Fry

1 sausage, 1 bacon, baked beans,
1 egg of your choice (1,3)

Buttermilk Pancakes

Maple syrup / Nutella and fresh berries (1,3,7)

Kiddie French Toast

Fresh berries and Nutella / maple syrup (1,3,7)

Breakfast Sandwich

Bacon or sausage, butter and red sauce (1,3,7)



Gluten free
available on request



Vegan
available on request

ALLERGEN INFORMATION: 1 Cereals, 2 Crustaceans, 3 Eggs, 4 Fish,
5 Peanuts, 6 Soybean, 7 Milk, 8 Nuts, 9 Celery, 10 Mustard,
11 Sesame, 12 Sulphur Dioxide, 13 Lupin, 14 Molluscs.

All tips are divided
amongst all staff